



**SHIRE OF MUNDARING
BILGOMAN POOL
“LAP LOVER’S” CHALLENGE**

REGISTRATION FORM 2024/25

Date _____

Name _____

Address _____

Phone _____ Email _____

Challenge/s to be attempted

1. _____
2. _____
3. _____
4. _____

Suggestions for changes/updates to Bilgoman Lap Lovers

LAP LOVERS

Which CHALLENGE Are YOU?

Lap the Lake – 5 times around Lake Leschenaultia
10kms 200 laps

Defeat the Doctor – Cottlesloe to Rottnest Island
19.2kms 384 laps

Challenge the Channel – English Channel
38kms 760 laps

Swim the Swan – Walyunga to Fremantle
67kms 1340 laps

Attack the Avon – Avon Descent Course
133kms 2660 laps

The BIG one
Beat the Bass – Victoria to Tasmania
210kms 4200 laps

The BIGGER one
Busso or Bust – Fremantle to Busselton
250kms 5000 laps

or the **BIGGEST** one ever
Maul the Murray – length of Murray River
404kms 8080 laps